



2020 Virtual Trek4Missions Personal Tracking Log

Participant Name: _____

Welcome to the 2020 Virtual Trek4Missions! Join participants nation-wide to benefit the missionary efforts of the Orthodox Christian Mission Center (OCMC). Our goal is to collectively complete 60,000 miles. The Trek begins on the Feast of the Glorification of St. Herman (August 9) and concludes on the Feast of the Elevation of the Life-giving Cross (September 14). To participate, simply keep track of your daily activity. Be sure to turn in your tracking log to your team captain or to OCMC each week at events@ocmc.org.

Circle Activity(ies) that Apply to You: Walking | Running | Cycling | Swimming | Other

		Sun	Mon	Tues	Wed	Thu	Fri	Sat	Weekly Total
Week 1 8/9-8/15	Distance (miles)								
Week 2 8/16-8/22	Distance (miles)								
Week 3 8/23-8/29	Distance (miles)								
Week 4 8/30-9/5	Distance (miles)								
Week 5 9/6-9/12	Distance (miles)								
Week 6 9/13-9/15	Distance (miles)								

As a Virtual Trek4Missions participant, you can engage your friends and family by asking them to make a pledge. A pledge is a gift made by supporters who believe in your mission and promise to support your fundraising goal with a contribution. Share your reason on why you are staying active for mission. Be creative!

A pledge document is available at <http://ocmc.convio.net/2020-Trek4Missions>.